



DETAILS	DURATION	PRICE	PRICE	VAT	TOTAL
		(€)	(Rs.)	(Rs.)	(Rs.)
Signature Treatments	2 hours	170.00	6'800.00	1'020.00	7'820.00
Indian Therapies					
Ayurvedic Aromatherapy	60 minutes	105.00	4'200.00	630.00	4'830.00
Ayurvedic Aromatherapy	90 minutes	130.00	5'200.00	780.00	5'980.00
Indian Powerful Oil Massage	60 minutes	105.00	4'200.00	630.00	4'830.00
Indian Powerful Oil Massage	90 minutes	130.00	5'200.00	780.00	5'980.00
Indian Head Massage	30 minutes	60.00	2'400.00	360.00	2'760.00
Ventoz	90 minutes	130.00	5'200.00	780.00	5'980.00
Indian Foot Massage	30 minutes	75.00	3'000.00	450.00	3'450.00
Healing	30 minutes	60.00	2'400.00	360.00	2'760.00
Healing	60 minutes	105.00	4'200.00	630.00	4'830.00
Soma for 2	90 minutes	260.00	10'400.00	1'560.00	11'960.00
Dev Nidra	90 minutes	120.00	4'800.00	720.00	5'520.00
Dev Nidra for 2	90 minutes	220.00	8'800.00	1'320.00	10'120.00
Meditation & Yoga					
Fundamentals of Meditation	60 minutes	55.00	2'200.00	330.00	2'530.00
Gentle Yoga	75 minutes	65.00	2'600.00	390.00	2'990.00
Yoga Awareness	60 minutes	55.00	2'200.00	330.00	2'530.00
Restorative Yoga	75 minutes	65.00	2'600.00	390.00	2'990.00
Jiva Ayurveda					
Consultation		Free			
Consultation – outside guest		50.00	2'000.00	300.00	2'300.00
Total Dinacarya	4 hours	280.00	11'200.00	1'680.00	12'880.00
Partial Dinacarya	2 hours	170.00	6'800.00	1'020.00	7'820.00
Abhyanga with Snana	90 minutes	145.00	5'800.00	870.00	6'670.00
Abhyanga with Steam	1h45min	185.00	7'400.00	1'110.00	8'510.00
Udvaartana	75 minutes	130.00	5'200.00	780.00	5'980.00
Mukhalepa	60 minutes	105.00	4'200.00	630.00	4'830.00
Jiva Beauty					
Rasa Complete Facial	90 minutes	130.00	5'200.00	780.00	5'980.00
Jamarosa Root Deep Cleansing Facial	60minutes	105.00	4'200.00	630.00	4'830.00
Jiva Explicit Facial	30 minutes	70.00	2'800.00	420.00	3'220.00
Tulsi Nourishing Facial	60 minutes	105.00	4'200.00	630.00	4'830.00
Champak Soothing Facial	60 minutes	105.00	4'200.00	630.00	4'830.00
Hast Snana - Manicure	60 minutes	50.00	2'000.00	300.00	2'300.00
Pada Snana - Pedicure	60 minutes	65.00	2'600.00	390.00	2'990.00
Jiva Hair Styling	Upon request				
Waxing					
Half Leg	20 minutes	30.00	1'200.00	180.00	1'380.00
Full Leg	30 minutes	42.00	1'680.00	252.00	1'932.00
Upper lip	10 minutes	20.00	800.00	120.00	920.00
Underarm	15 minutes	25.00	1'000.00	150.00	1'150.00
Bikini	20 minutes	35.00	1'400.00	210.00	1'610.00
Back	45 minutes	50.00	2'000.00	300.00	2'300.00
Bath, Scrubs, Wraps					
Bath & Scrub & Wrap	90 minutes	130.00	5'200.00	780.00	5'980.00
Single Bath	30 minutes	50.00	2'000.00	300.00	2'300.00
Single Scrub	30 minutes	50.00	2'000.00	300.00	2'300.00
Single Wrap	30 minutes	50.00	2'000.00	300.00	2'300.00
Set Menus					
Find the Powers within	3 hours 30 minutes	225.00	9'000.00	1'350.00	10'350.00
A Day of Beauty	5 hours	330.00	13'200.00	1'980.00	15'180.00
An Indian Encounter	4 hours	220.00	8'800.00	1'320.00	10'120.00
Sukha Bliss	3 hours	200.00	8'000.00	1'200.00	9'200.00



DETAILS	DURATION	PRICE (€)	PRICE (Rs.)	VAT (Rs.)	TOTAL (Rs.)
Personal training & Tennis					
1 session	60 minutes	35.00	1'400.00	210.00	1'610.00
3 sessions	3 x 60 minutes	110.00	4'400.00	660.00	5'060.00
5 sessions	5 x 60 minutes	150.00	6'000.00	900.00	6'900.00
JivaAsana,Pranayama,Mudra,Bandha					
General (1 hour)					
Level 1		55.00	2'200.00	330.00	2'530.00
Level 2		55.00	2'200.00	330.00	2'530.00
Dynamic		55.00	2'200.00	330.00	2'530.00
Surya Namaskar		55.00	2'200.00	330.00	2'530.00
Advanced		55.00	2'200.00	330.00	2'530.00
Gentle		45.00	1'800.00	270.00	2'070.00
Relaxation		-			
Introduction To Pranayama		-			
Mudra & Bandhas		-			
Haircut (Ladies)					
Shampoo & Cut (Long Hair)		37.00	1'500.00	225.00	1'725.00
Shampoo & Cut (Short Hair)		28.00	1'100.00	165.00	1'265.00
Shampoo & Blow Dry (Long Hair)		43.00	1'740.00	261.00	2'001.00
Shampoo & Blow Dry (Short Hair)		38.00	1'540.00	231.00	1'771.00
Wash & Cut & Blow Dry		54.00	2'160.00	324.00	2'484.00
Haircut (Men)					
Haircut		10.00	400.00	60.00	460.00
Shampoo & Cut		26.00	1'040.00	156.00	1'196.00
Wash & Cut & Blow Dry		40.00	1'600.00	240.00	1'840.00

Prices are in Euro inclusive of 10% service charge and subject to 15% government tax.