



**SPA PACKAGES APAVOU HOTELS - 2008/2009**  
**PLANTATION, AMBRE, INDIAN RESORT**

**(Rates in Euros)**  
**Valid: 01/11/08 to 31/10/2009**

<b>Packages &lt;&lt; Express &gt;&gt; 1 Day</b>			
<b>F1</b> Anticellulite Treatment (Slimming Massage + Algae body wrap)	<b>Rate 140€</b>	<b>105 minutes</b>	PLANTATION INDIAN+AMBRE
<b>F2</b> Coco body scrub + Affusion shower	<b>Rate 80€</b>	<b>45 minutes</b> <b>30 minutes</b>	PLANTATION INDIAN+AMBRE
<b>F3</b> Body Scrub + Hydrotherapy	<b>Rate 85€</b>	<b>45 minutes</b> <b>30 minutes</b>	PLANTATION INDIAN+AMBRE
<b>F4</b> Algae body wrap + Customised Facial	<b>Rate 130€</b>	<b>45 minutes</b> <b>60 minutes</b>	PLANTATION INDIAN+AMBRE
<b>MINI CURES (3 treatments with in 3 days- 1 Treatment per day)</b>			
<b>MC1</b> Algae Body wrap + Aromatherapy Massage + Affusion shower	<b>Rate 155€</b>	<b>45 minutes</b> <b>50 minutes</b> <b>30 minutes</b>	PLANTATION INDIAN+AMBRE
<b>MC2</b> Complete Facial + Stone Therapy + Shiatsu	<b>Rate 225€</b>	<b>60 minutes</b> <b>60 minutes</b> <b>60 minutes</b>	PLANTATION INDIAN+AMBRE



<p><b>MC3 (Indian)</b> Shirodhara + Abhyanga Massage + Ayurveda Facial</p>	<p><b>Rate 235€</b></p>	<p><b>50 minutes</b> <b>50 minutes</b> <b>60 minutes</b></p>	<p>PLANTATION INDIAN+AMBRE</p>
<p><b>MC4</b> Reflexology + Signature Massage + Hydrotherapy</p>	<p><b>Rate 160€</b></p>	<p><b>45 minutes</b> <b>50 minutes</b> <b>30 minutes</b></p>	<p>PLANTATION INDIAN+AMBRE</p>
<p><b>WELL BEING CURES (5 treatments within 5 days– 1 Treatment per day)</b></p>			
<p><b>C1 Relaxing Massages</b> Aromatherapy Massage + Shiatsu + Traditional Indian Massage + Stone Therapy + Signature Massage</p>	<p><b>Rate 365€</b></p>	<p><b>50 minutes</b> <b>60 minutes</b> <b>50 minutes</b> <b>60 minutes</b> <b>50 minutes</b></p>	<p>PLANTATION INDIAN+AMBRE</p>
<p><b>C2 Well being</b> Dead sea salt body scrub with affusion shower + Aromatherapy Massage + Thai Massage + Signature Massage + Hydrotherapy</p>	<p><b>Rate 325€</b></p>	<p><b>60 minutes</b> <b>50 minutes</b> <b>75 minutes</b> <b>50 minutes</b> <b>30 minutes</b></p>	<p>PLANTATION INDIAN+AMBRE</p>
<p><b>C3 Slimming &amp; Firming Anticellulite Treatment</b> (Slimming Massage + Algae body wrap) + Hydrotherapy + <b>Body Firming &amp; Toning</b> (Slimming Massage + Algae body wrap)</p>	<p><b>Rate 315€</b></p>	<p><b>105 minutes</b>         <b>30 minutes</b>  <b>105 minutes</b></p>	<p>PLANTATION INDIAN+AMBRE</p>



<p><b>C4 Beauty Package</b>          Complete Facial          +          Dead sea salt scrub with          affusion shower          +          Signature Massage          +          Manicure with varnish          +          Pedicure with varnish</p>	<p><b>Rate 295€</b></p>	<p><b>60 minutes</b>   <b>60 minutes</b>   <b>50 minutes</b>   <b>45 minutes</b>   <b>60 minutes</b></p>	<p>PLANTATION          INDIAN+AMBRE</p>
<p><b>C5 Ayurveda (Indian)</b>          Shirodhara          +          Abhyanga Massage          +          Udwarthana          (Dry Powder massage)          +          Bolus Massage          +          Ayurveda Facial</p>	<p><b>Rate 380€</b></p>	<p><b>60 minutes</b>   <b>60 minutes</b>   <b>50 minutes</b>   <b>45 minutes</b>   <b>60 minutes</b></p>	<p>PLANTATION          INDIAN+AMBRE</p>